



Our Children's Mental Health Matters



INTERNATIONAL DAY OF HAPPINESS

Mindful : Grateful : Kind

Monday 20th March 2023

March 20th is the UN International Day of Happiness. We can create a happier and kinder world together by adopting simple daily practices.

This Year's theme is **Be Mindful. Be Grateful. Be Kind**

Here are three simple steps you can use anytime and anywhere to give yourself a boost and build compassion for others.

Please feel free to try at home with your child.



STEP 1: BE MINDFUL

Relax your breathing and notice:
How am I feeling right now?



STEP 2: BE GRATEFUL

Look around you and ask yourself: What am I thankful for?



STEP 3: BE KIND

With warm feelings, ask yourself:
Who do I want to send love to?





World Book Day Thursday 2nd March

What a brilliant day! As always, Meadowside pupils did not disappoint with some amazing costumes to celebrate World Book Day. The children enjoyed reading with each other, 'Drop Everything and Read sessions' and choosing their next class novel. Thank you for your continued support. We already have some exciting ideas planned for next year!



Meadowside Book Fair 9th-14th March

A huge thank you to all the parents who bought books, the PTA and staff who helped to make this year's book fair a huge success. In total, £800 worth of books were sold, meaning the school could choose £400 worth of books. We have chosen a range of traditional children's books, modern novels, graphic novels and picture books to help update our library and AR books. We hope the children enjoy reading and sharing the books with you all and continue their love of reading.



Comic Relief Friday 17th March



It was lovely to see all the children lighting up Meadowside in a sea of red today to show their support for Comic Relief. If you would like to make a donation for this very important cause please do so on scopay.com Thank you as always for your continued support.



Creative Mission: Celebrating Faiths around the World

Faith Tours: Tuesday 14th & Wednesday 15th March

In light of our ofsted findings that reported '**Some pupils' knowledge of British values and different faiths is fragile. Although they know how to respect difference, some pupils are not as aware as they should be of what these differences may be.**'

We felt as a school it was important to address this and organise experiences where children can learn more about different faiths and cultures. With this in mind....

On Tuesday 14th and Wednesday 15th March KS2 pupils had a fabulous time at the Queen's Park Faith Tour educational trip. We visited the Gurdwara, the Mosque and the Church. The Faith Tour helped pupils glimpse a community in which people live alongside each other, recognise difference but celebrate the common life, culture and beliefs that they share. The visits helped to enhance pupils understanding of special places of worship for different faiths. We hope to build on these experiences in the future.



Our Walk to St Mary's Church: Tuesday 14th March

On Tuesday Reception and Key Stage 1 visited St Mary's church. This trip was to consolidate the learning from last week's Creative Mission - Faiths Around the World. All of the children walked to and from the church to join in with some Easter activities. Everyone had a fantastic time and really enjoyed the fun activities - from crafting to completing an obstacle course blindfolded! A big thank you to the parent helpers and all at the church.



Meadowside are proud to be supporting Neurodiversity Celebration Week 2023!

Neurodiversity Celebration Week is a worldwide initiative that challenges stereotypes and misconceptions about neurological differences. In the next few weeks,

classes will be talking about these differences and looking at a wide variety of successful people who are well-known for being neurodivergent.

Neurodiversity Celebration Week is about celebrating the strengths and talents of people with learning differences and recognising and respecting that we do not all learn in the same way. It is important to talk to our children about the importance of being kind, tolerant and accepting of everyone.

Together, let's change the narrative to understand, accept, and celebrate neurodiversity!
#NeurodiversityCelebrationWeek #NeurodiversityWeek #NCW #ThisIsND



School Notices



Dates for your diary

W/C 20th March Art Digital Week

Mon 20th March International Day of Happiness

Tues 21st March Year 6 Dental Screening

Fri 24th March House Afternoon

Mon 27th March PTA AGM

Tues 28th March Year 1 Trip—Sacrewell Farm

Wed 29th March KS1 Easter Egg Hunt

Wed 29th March Family Reading Time

Thurs 30th March KS2 Easter Egg Hunt

Fri 31st March Year 1 & Year 5 Assembly

Thank You

Thanks to Faye (Y1 & Y3 parent) and Tasha (YR and Y4 parent) who supported with an emergency on Tuesday you were both amazing!

Sponsored Read

Thank you to all the children who took part in our sponsored read event during February half term. We raised an impressive **£281**.

This money is being donated to the charity Diabetes UK.



Price Increase

We have been notified by our catering provider Dolce that there will be an increase in school meals that will take effect from the **1st April 2023**. The current price for a child's meal is £2.35 this will rise to £2.66. Any questions please email; customercare@dolce.co.uk



Parking & Our Neighbours

Can we ask that we are mindful of our Meadowside neighbours when collecting and dropping off children at the beginning and the end of the day. Please be respectful of property and access at all times. We appreciate drop off and collection can be hectic, but if we can take a few extra seconds to consider the impact of our parking and especially the safety of our children. Parking on zig-zags, in the bus stop or on double yellow lines is prohibited.

