



# Roots, Shoots and Muddy Boots

## Where does our food come from?



**Year 1  
Spring Term**

We are very excited to introduce to you our Year 1 topic on “Roots, Shoots and Muddy Boots.”

In this term’s topic children will learn about where the food they eat comes from and about different kinds of plants. In the first half of the term we will focus on healthy eating and a balanced diet. In the second half of the term our focus will move to learning about different kinds of plants and how they grow.

### WOW DAY

Children will make healthy foods including a fruit salad and fruit kebabs. We will be tasting lots of different fruits and vegetables.



**As readers,** we will enjoy stories with predictable and patterned endings including some traditional tales. The children will read “the hungry caterpillar” amongst other stories linked to food. We will continue to apply phonic knowledge to decode words and will be reading with increasing speed and accuracy.

**As writers,** we will learn to write a letter and a recount. We will continue to develop our skills to write character descriptions, invitations and captions. We will continue to work on sentence writing by adding adjectives and conjunctions.

**As geographers,** we will explore the similarities and differences between cities and the countryside. We will learn basic geographical vocabulary and use this to describe different places. We will learn how land can be used in different ways.

**As design technologists,** we will create our own fruit salad. We will design, make and evaluate our product. This will include using tools safely to prepare food.

**Confident Individuals**

**Meadowside Representatives**

**Basic Skills**

In music we will be using our voices creatively to sing songs and speak chants and rhymes.

**Personal Values**

We will be reflecting on our learning and how we are as individuals. We will be able to discuss this with both adults and our friends.

**British Values**

We will be focusing on the British value of Individual Liberty. We will be learning to voice views in lessons in a formative manner.



Growing at Meadowside Primary School





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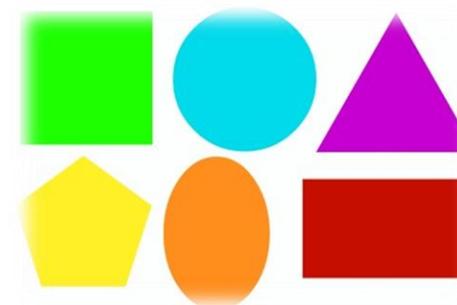
## RE

In RE we will be learning about Islam and family traditions. We will then begin to look at Jewish life and Hanukkah.

## Maths

In maths this term we will be counting, writing, comparing and ordering numbers to 20. We will be building on from our addition knowledge of working with numbers within 20. We will learn what subtraction means and begin to solve different problems.

We will introduce different shapes and discuss patterns as well as practically exploring length and height. We will measure and compare length and height using both our body parts and a ruler.



## Science

We will continue to look at seasons and the seasonal changes. We will observe changes around the school grounds and discuss the differences with our peers. We will begin to look at healthy living and how we can contribute to a healthy lifestyle.

## PE

In PE we will be learning how to use the apparatus in gymnastics. We practise our balancing skills and learn how to jump and land safely.

## Computing

This term we will be developing our typing skills on the chromebooks and begin to learn how to code using games on Purple Mash. We will continue to learn where to go for help and support when we have concerns about material on the internet or other online technologies.

