

HEALTHY LUNCHBOXES

Policy



Reviewed by the JLT

Our policy is that children should have healthy items in their lunch, since we need to have a varied and balanced diet.

A healthy lunchbox may include:

- Sandwich/wraps,
- Pasta,
- Yoghurt,
- Small piece of cheese,
- A packet of crisps,
- Fruit and vegetables,
- 1 chocolate/biscuit item,
- Water/Fruit Juice.



Please consider these options for your child's lunchbox

We agree to:

- Eat all lunch
- Variety of food
- Show manners/
respect

