

## HEALTHY LUNCHBOXES Policy







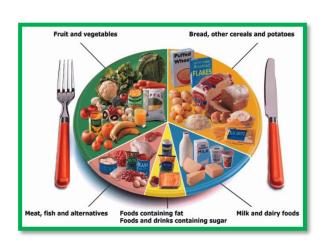


Reviewed by the JLT

Our policy is that children should have healthy items in their lunch, since we need to have a varied and balanced diet.

## A healthy lunchbox may include:

- Sandwich/wraps,
- Pasta,
- · Yoghurt,
- Small piece of cheese,
- A packet of crisps,
- Fruit and vegetables,
- I chocolate/biscuit item,
- Water/Fruit Juice.



Please consider these options for your child's lunchbox

## We agree to:

- Eat all lunch
- Variety of food
- Show manners/ respect

