

# 2019/2020 PE AND SPORT PREMIUM DEVELOPMENT PLAN

## *EVIDENCING THE IMPACT & SUSTAINABILITY*

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement

**SCHOOL**

**Meadowside Primary School**

**HEAD TEACHER**

**Josie Garnham**

**PE COORDINATOR**

**Claire Flavell**



## **PE and School Sport Premium – The purpose**

The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils, in the 2019 to 2020 academic year, to encourage the development of healthy, active lifestyles.

## **Vision - Government**

All pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport

## **Our School**

At Meadowside, we aim to provide a PE curriculum for pupils from Reception to Year 6, not only to enjoy, but which also allows them to experience a range of activities that help them to develop their health, fitness and wellbeing. We intend to offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The national curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

## **Key outcome indicators; updated for 2019/2020**

Schools can use the funding to secure improvements in the following indicators;

### **Key outcome indicator 1: Engagement of all pupils in regular physical activity**

For example, by:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an active mile initiative
- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

### **Key outcome indicator 2: Profile of PE and sport is raised across the school as a tool for whole-school improvement**

For example, by:

- encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching

### **Key outcome indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport**

For example, by:

- providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities

### **Key outcome indicator 4: Broader experience of a range of sports and activities offered to all pupils**

For example, by:

- introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sport activities and clubs
- providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

### **Key outcome indicator 5: Increased participation in competitive sport**

For example, by:

- increasing pupils' participation in the [School Games](#)
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations

## Review of PE and School Sport Premium expenditure 2019/2020

Key priorities to date	Key achievements / What worked well <i>What evidence is there of impact on your objectives</i>	Key Learning / What will change next year (2020/2021) <i>Does this reflect value for money in terms of the budget allocated</i>
<b>1. Engagement of all pupils in regular physical activity</b>	Behaviour and engagement in sports activities was low at lunch times. Zones were created and play equipment was purchased across all 7 zones. Sensory circuits were run <b>twice daily</b> and are aimed at children who struggle to participate in team game along with other needs.	<ul style="list-style-type: none"> <li>• Play supervisors and play leaders will be given weekly playground games/tasks to complete within their zones using Get set 4 PE cards.</li> <li>• Change for life club introduced weekly for 12 weeks to increase participation levels.</li> <li>• Daily Mile introduced across both Key stages.</li> <li>• Top up swimming lessons for children who have not met end of KS2 expectations.</li> </ul>
<b>2. Profile of PE and sport is raised across the school as a tool for whole-school improvement</b>	Meadowside Primary School had been recognised by the Kettering School Sports Partnership for their involvement with the school games. A new Scheme of work has been purchased – Get set 4 PE. Play leaders across Year 5 and 6 have been developed and trained in the delivery of level 1 games. A sports report has been added to the fortnightly 'Meadowside Matters' and Twitter is being used weekly. Staff school sportswear has been purchased to encourage teachers to dress appropriately when teaching PE or taking part in sports clubs/tournaments. Sports equipment has been checked and catalogued and new equipment has been ordered to replace lost, broken or required for the new curriculum	<ul style="list-style-type: none"> <li>• School Sports Kite mark application</li> <li>• New scheme will be embedded and evaluations and observations of staff carried out.</li> <li>• Play leaders reassigned and trained to deliver level 0 and level 1 games across the school at lunchtimes.</li> <li>• Introduction of the daily mile and the move more sit less campaign.</li> <li>• Sports report for Meadowside Matters</li> <li>• Schools new Facebook page used to report to parents</li> <li>• Replacement of outdoor play equipment for KS2</li> </ul>
<b>3. Increase confidence and skills of staff in teaching PE and Sport</b>	A new scheme of work - Get Set 4 PE has been purchased and during Lock down has been publishing socially distanced PE Lessons and Games for Lunch time. PE co-ordinator has received CPD on planning the curriculum using this scheme. We employ Mr Tranmer, who is a sports specialist. He teaches across both Key stages to deliver some of the PE lessons and runs breakfast and afterschool clubs twice a week. He is also upskilling support staff to lead warm-ups and cool-downs and supporting the PE Lead to with the school games mark.	<ul style="list-style-type: none"> <li>• Knowledge organises for PE</li> <li>• Progression of skills</li> <li>• Observations and reflection of new scheme</li> <li>• Specialist clubs chosen by children</li> </ul>

<p><b>4. Broader experience of a range of sports and activities offered to all pupils</b></p>	<p>This year we introduced boccia and sensory circuits at lunchtime. Hotshots basketball was very popular this year. We were talking to Kettering town football club, hock club and tennis club to run afterschool clubs. We were also talking to another local School about have afterschool tournaments for our B and C teams.</p>	<ul style="list-style-type: none"> <li>• To encourage clubs such as Karate, climbing and dance to advertise experiences to the children</li> <li>• To have experience days across key stages e.g. fencing and archery.</li> </ul>
<p><b>5. Increased participation in competitive sport</b></p>	<p>We provided transport to all intra school events and made a timetable for all staff to attend level 2 School Games. We were also in talks with other schools to create opportunities for our B and C teams to compete.</p>	<ul style="list-style-type: none"> <li>• Links with local primary school to strengthen</li> </ul>

## Meeting national curriculum requirements for SWIMMING and WATER SAFETY

### You can use your funding for:

- ✓ Professional development and training that are available to schools to train staff to support high quality swimming and water safety lessons for their pupils.
- ✓ Additional top-up swimming lessons to pupils who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water.

### Schools are required to publish information on the percentage of their pupils in year 6 who met each of the 3 swimming and water safety national curriculum requirements

Outcome	% of pupils achieving outcome	
	2018/2019	2019/2020
Swim competently, confidently and proficiently over a distance of at least 25 metres	42%	57%
Use a range of strokes effectively; front crawl, backstroke and breaststroke	25%	35%
Perform safe self-rescue in different water-based situations	42%	Not completed
The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water. <b>Have you used and funding for this purpose?</b>	NO	NO

## PE and School Sport Development Plan

2019/2020 Total funding allocated	£19 410 £16,000 + £10 per pupil (Year 1 – Year 6)	
<b>Key outcome indicator 1:</b> Engagement of all pupils in regular physical activity	<b>Expenditure:</b> <b>% of total allocation:</b>	£609.6
<b>Key outcome indicator 2:</b> Profile of PE and sport is raised across the school as a tool for whole-school improvement	<b>Expenditure:</b> <b>% of total allocation:</b>	£3635.22
<b>Key outcome indicator 3:</b> Increased confidence, knowledge and skills of all staff in teaching PE and sport	<b>Expenditure:</b> <b>% of total allocation:</b>	£17160
<b>Key outcome indicator 4:</b> Broader experience of a range of sports and activities offered to all pupils	<b>Expenditure:</b> <b>% of total allocation:</b>	None due to Covid 19
<b>Key outcome indicator 5:</b> Increased participation in competitive sport	<b>Expenditure:</b> <b>% of total allocation:</b>	£600

## Accountability

It is a statutory requirement of Ofsted, under their Common Inspection Framework, to ensure that information on the use of the Primary PE and Sport Premium is available on your school website. One of the key purposes of putting information on the school website is to keep parents informed, so this information should be written in a format that is clear and easily accessible.

<b>Completed by:</b>	Claire Flavell	<b>Date:</b>	24.07.20
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## Department for Education guidance on how to use the Primary PE and Sport Premium – updated November 2019

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The [School Sport and Activity Action Plan](#) set out government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day (in line with the [Chief Medical Officer guidelines](#) which recommend an average of at least 60 minutes per day across the week).

The PE and Sport Premium can help primary schools to achieve this aim, providing primary schools with £320m of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools so they have the flexibility to use it in the way that works best for their pupils. The [PE and Sport Premium survey](#) highlighted the significant impact which PE and Sport has had in many primary schools across England.

### **Schools must use the funding to make additional and sustainable improvements to the quality of physical education (PE), physical activity and sport you offer.**

This means that you should use the premium to:

- ✓ Develop or add to the PE, physical activity and sport activities that your school already offers
- ✓ Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

### **Schools can use the premium to secure improvements in the following indicators:**

1. The engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

### **Active Miles**

Where schools choose to take part in an active mile, you should use your existing playgrounds, fields, halls and sports facilities to incorporate an active mile into the school day and develop a lifelong habit of daily physical activity.

### **What should you funding NOT be used for?**

You should not use your funding to:

- ✗ Employ coaches or specialist teachers to cover planning preparation and assessment (PPA) arrangements – these should come out of your core staffing budgets
- ✗ Teach the minimum requirements of the national curriculum – with the exception of top-up swimming lessons after pupils' completion of core lessons (or, in the case of academies and free schools, to teach your existing PE curriculum)
- ✗ Fund capital expenditure – the Department for Education does not set the capitalisation policy for each school. School business managers, school accountants and their auditors are best placed to advise on a school's agreed capitalisation policy

## Schools compliance

Schools are accountable for their use of the PE and Sport Premium funding allocated to them. Schools are expected to spend the grant for the purpose it was provided only – to make additional and sustainable improvements to the PE, sport and physical activity offered. Schools and local authorities must follow the terms and conditions in the [conditions of grant documents](#).

## Ofsted inspections

Ofsted's new [Inspection Framework](#), which came into effect from September 2019, gives greater recognition to schools' work to support the personal development of pupils, such as the opportunities they have to learn about eating healthily and maintaining an active lifestyle. Inspectors will expect to see schools delivering a broad, ambitious education, including opportunities to be active during the school day and through extra-curricular activities. Schools should consider how they use their PE and Sport Premium to support this.

## Online reporting

You must publish details of how you spend your **PE and sport premium funding** by the end of the summer term or by 31 July 2020 at the latest.

Online reporting must include:

- ✓ The amount of premium received
- ✓ A full breakdown of how it has been spent
- ✓ The impact the school has seen on pupils' PE, physical activity, and sport participation and attainment
- ✓ How the improvements will be sustainable in the future

You are also required to publish the percentage of pupils within your year 6 cohort in the 2018 to 2019 academic year who met the **national curriculum swimming** requirement to:

- ✓ Swim competently, confidently and proficiently over a distance of at least 25 metres
- ✓ Use a range of strokes effectively
- ✓ Perform safe self-rescue in different water-based situations
- ✓ Attainment data for year 6 pupils should be provided from their most recent swimming lessons. This may be data from years 3, 4, 5 or 6, depending on the swimming programme at your school.

## Review of online reports

Schools' online reporting is monitored through an annual sample of schools in each local authority. Active Partnerships review the published information on selected schools' websites to ensure it meets the requirements on premium funding and swimming attainment. The results are reported to the Department for Education, and also help to ensure that Active Partnerships can offer schools in their local area the most relevant support.

### **Useful websites**

#### **PE and sport Premium: conditions of the grant 2019 to 2020**

<https://www.gov.uk/government/publications/pe-and-sport-premium-conditions-of-grant-2019-to-2020>

#### **PE and sport premium for primary schools**

<https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

#### **Association for Physical Education**

<http://www.afpe.org.uk/physical-education/advice-on-sport-premium/>

#### **Youth Sport Trust**

<https://www.youthsporttrust.org/PE-sport-premium>